

One family's experience with transition to adulthood

Rebeka Edge, Parent, BCBA
www.BEVIORMATTERSLLC.com
Behaviormatters@gmail.com

Who is in the room?

Parents of Elementary School age children?

Parents of Middle School age Children?

Parents of High School age students?

Parents of Young Adults (Post High School- Ages 18-25)

Parents of Adults (Ages 26 and above)

REMEMBER POTTY TRAINING...

1. It takes a while.
2. Just because your child's IEP or the school says it time to transition, doesn't mean you/your child are ready. Or that you/the school even know what they need to be ready?
3. Where will they learn the skills?
4. Who will help teach the skills?



Education
Options

WHEN TO GRADUATE?

Post secondary training
while in high school

- Traditional High School
- Vocational High School
- AK Middle College
- Job Corp

You can help your child narrow postsecondary education choices by considering:

- > Student Support Services
 - > Living choices
 - > School Size
- > Urban, rural or other places

Explore Postsecondary Education or Training Options

- Certificate or trade school programs
- Two-year technical school or community college
- Four-year college or university
- College experiences for students with intellectual and other developmental disabilities
- Other postsecondary and training options

Taken from: Pacer's Transition to Postsecondary Education or Training: What Parents Can Do Now

SKILLS NEEDED FOR AFTER HIGH SCHOOL....

In addition to choosing a postsecondary education or training option, your child will also need to develop specific skills to prepare for this journey after high school. For example:

- If your child decides to attend college and live away from home, organization and time management may be a challenge.
- Your child will need to learn to understand his or her disability, know the accommodations needed to address the disability in a postsecondary setting, and have the self-advocacy skills needed to request and obtain those accommodations.

Taken from: Pacer's Transition to Postsecondary Education or Training: What Parents Can Do Now

COLLEGE OPTIONS FROM AK TO FL

- UAA
- AVTEC
- Job Corp
- UNF- University of North FL
- Marshall University
- CIP- College Internship Program





GETTING
UNIVERSITIES TO
THINK OUTSIDE THE
BOX

TRANSITION INFORMATION

Applicable Law

High School	Post Secondary
I.D.E.A.	A.D.A.
Section 504, Rehabilitation Act	Section 504, Rehabilitation Act

Required Documentation

High School	Post Secondary
I.E.P.	Varies depending on the Disability, and must include testing documentation
School provides evaluation at no cost to student	Student must provide the evaluation at his own expense
School retests over time	Student provides retesting

Student Role

High School	Post Secondary
Student is identified by school	Student self-identifies to Disability Support Services
School sets up accommodations	Student is responsible for securing accommodations

Parent Role

High School	Post Secondary
Access to student records	No access to student records without student's written consent
Participation in accommodations	Student requests accommodations
Mandatory involvement	Student is self-advocate*

TURNING 18 CHECKLIST & OTHER RESOURCES

<http://www.autismhousingnetwork.org/education/turning-18-checklist/> Turning 18 checklist

https://www.bmc.org/sites/default/files/Patient_Care/Specialty_Care/Turning18Checklist.pdf Turning 18 checklist

<http://autismhousingpathways.net/wp-content/uploads/2015/05/Turning18checklistUpdated.pdf> Turning 18 Checklist

<https://www.autismspeaks.org/family-services/community-based-skills-assessment> This assessment was developed by Virginia Commonwealth University Rehabilitation Research and Training Center with funding from Autism Speaks.

ADDITIONAL RESOURCES FOR POST-SECONDARY PLANNING

- From School to College: A Transition Activity Calendar for Students who are Blind or Visually Impaired
<http://www.ntac.blind.msstate.edu/providers/tac/#3>
- Going to College <http://www.going-to-college.org/>
- Think College <https://thinkcollege.net/>
- College Bound: High School To Do List
<http://dailyparent.com/articles/college-bound-the-high-school-to-do-list/>
- Pacer Center INC. Transition to Postsecondary Education or Training: What Parents Can Do Now PACER@PACER.org
www.PACER.org/Transition
- "A Guide to Preparing Your Child with a Disability for Life Beyond High School" at www.PACER.org.



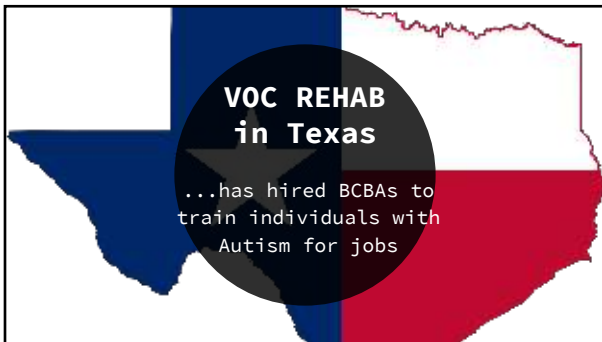
EMPLOYMENT



VOCATIONAL REHAB SERVICES

Plans and services vary from state to state.

Ask Questions, Read about other programs/resources





EMPLOYMENT

Support employment vs Reg employment with or without a Job Coach

EMPLOYMENT RESOURCES

Division of Vocational Rehabilitation (DVR or VR)

Disability Services office at postsecondary institutions and/or training programs

Think College: Provides resources, tools, and a database for students, families and professionals who are interested in inclusive postsecondary options for students with intellectual disabilities. www.thinkcollege.net

The Heath Resource Center at George Washington University: This online resource provides information on financial aid, scholarships, and student services, and help students with disabilities successfully transition into college, university, career technical schools or other postsecondary programs. www.heath.gwu.edu

For a more comprehensive list of available postsecondary resources, visit PACER's National Parent Center on Transition and Employment at www.PACER.org/transition/learning-center/postsecondary

THE GROWING ACCEPTANCE OF AUTISM IN THE WORKPLACE

<https://www.cbsnews.com/news/the-growing-acceptance-of-autism-in-the-workplace/>

MICROSOFT
HIRING
WORKERS
WITH
AUTISM





Disability
Employment:
Creating an
Autism
Ready
Workplace

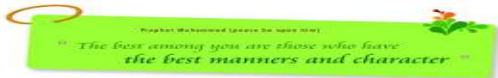
INTERVIEWING

- Practice practice practice
- Search Web for practice interview questions
- Do you know anyone that can practice and give feedback with the individual?



SOCIAL SKILLS NEEDS TO GET & KEEP A JOB

- Manners- Greeting Customers, Co-Workers, Supervisors, Please, Thank You, Interrupting, Waiting, How to end a conversation, Small talk with Customers,
- Difference between talking to Peer as opposed to Supervisor
- What to do in Downtime on the job or When you are sure what to do next
- Hygiene




Benefits Planning for Employment <http://projectio.info/DPage.php?ID=126>
SSI: <http://projectio.info/DPage.php?ID=112>

Guide to SSI for Groups & Organizations:
<https://www.ssa.gov/pubs/EN-05-11015.pdf>

Job Accommodation Network (JAN) Website: www.askjan.org Phone:
800-JAN-7234 (toll free), 877-781-9403 (TTY) JAN consultants provide guidance
regarding the ADA's definition of reasonable accommodation to individuals with
disabilities, their family members, employers, and professionals. They offer
disability-specific strategies for worksite accommodations. The Web site also
includes resources such as accommodation possibilities listed by disability
categories



Skills for Independent Living



Traffic Tickets
Accidents
Recommended Driving
School:
<http://www.mannysdrive.com/>

OUR EXPERIENCE
WITH DRIVING



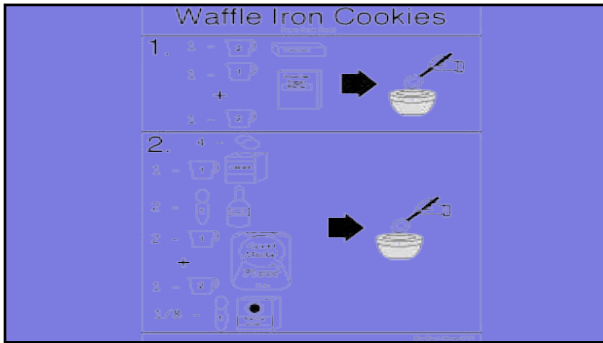


COOKING RESOURCES

<http://www.bry-backmanor.org/picture-recipes.html>

[Look cook and eat](http://lookcookandeat.com/) An online magazine featuring new picture recipes and helpful videos every other month. <http://lookcookandeat.com/>





Groups working on housing and adult living

[ARCHway](#) ARCHway describes itself as offering a roadmap to help families use person-centered planning to create quality living arrangements. It is a project of the Foundation for Autism Support and Training. Autism Housing Pathways is the Massachusetts affiliate of ARCHway.

[Bittersweet Farms](#) The granddaddy of all farmsteads, Bittersweet has been serving adults in Ohio since the 1970s. It is the model for SAGE Crossing Foundation.

[Center for Independent Futures](#) This Illinois group works with families to create options for community living. They have a strong relationship with a Massachusetts organization, TILL. Center for Independent Futures has developed a tool to assess readiness for independent living.

[Partners4Housing](#) Based in Seattle, Partners4Housing works with families on housing options. They have a particular focus on "clustering", which involves renting apartments or buying condos in existing developments, and sharing the costs of supportive services.

<http://www.cindyandvics.com/index.html> Cindy and Vic's R & R, Inc., (Anchorage, AK) provides person-directed services for adults with developmental disabilities by maximizing personal potential, supporting active citizenship and encouraging friendships for life!

SKILLS FOR LIVING

[How do I](#) Autism Housing Pathways has compiled a list of useful links, showing techniques for performing basic living skills. Some are descriptions with pictures, others are videos. <http://autismhousingpathways.org/wp-content/uploads/2017/05/How-do-I-05-17.pdf>

[Visual supports](#) AHP has developed visual supports for 11 basic self-care and household activities. These supports include both step-by-step written directions and picture directions. <http://autismhousingpathways.org/visual-supports/>

[Hygiene and cleaning schedule, and how-to guide:](#) This basic checklist, put together by AHP, can be used by individuals to maintain basic hygiene, and a clean kitchen and bath. It includes a list of basic supplies. It may be useful to individuals, families, and property managers. http://autismhousingpathways.net/wp-content/uploads/2014/05/Cleaning_rubric1.pdf

[Functional Planning System](#) This app costs \$4.99, and you can make in-app purchases for .99 each of video directions for different tasks (like taking out the trash, treating a cut, etc.) <https://www.conovercompany.com/mobile/apps/fps/>

[Smart Steps](#) This app supports decision making by walking users through decision trees. There is a free version and a \$14.99/mo version that allows you to create your own decision trees, upload pictures for buttons, and store emergency numbers. <http://www.smartsteps4me.com/>

SKILLS FOR LIVING (PART 2)

[Everyday Life Tutorials](#) Free online games help you practice cooking, money, employment, and other daily living skills.

<https://www.gcfllearnfree.org/topics/everydaylife/>

<https://www.macworld.com/article/2151520/six-helpful-apps-for-keeping-house.html>

[8 Great Apps for Daily Living](#) Lots of variety here: everything from a picture scheduler and a shopping list generator to a med scheduler and an OCD symptom manager.

<http://www.atprogramnews.com/2013/02/8-great-apps-for-daily-living.html>

[Lifecents](#) An online financial education program endorsed by the National Disability Institute. <https://www.mylifecents.com>

[5 Ways to Teach Money Management to Older Children with Special Needs](#)

<http://www.friendshipcircle.org/blog/2014/12/04/5-ways-to-teach-money-management-to-older-children-with-special-needs/>

[Got Transition](#) Tools to help your family member learn to handle their own healthcare.

Be sure to check out "[My 'Must Have' Papers](#)". <http://gottransition.org/>

RESOURCES ON HOUSING...

[The Current State of Services for Adults with Autism](#)

http://www.afaa-us.org/storage/documents/OAR_NYCA_survey_Current_State_of_Services_for_Adults_with_Autism.pdf

[The Road Forward](#) outlines the transition process from school to adult services.

<http://www.mass.gov/eohhs/docs/dmr/transition-planning-road-forward.rtf>

[Unlocking the Door to Community Living](#) This publication of Jewish Family and Children's Service is a comprehensive approach to transitioning to adulthood. Housing is treated as one subject among many, including support services and social networking.

http://www.jfcsboston.org/Portals/0/Uploads/Documents/Unlocking_the_Doors_to_Community_Living.pdf

[Alternative Housing Options for Individuals with Disabilities: A Guide for Forming and Implementing](#)

[Community Partnerships](#) This guidebook walks families through the steps of putting together a group of families and working with the community to create housing. It was published by the Center for Independent Futures in Illinois.

<http://www.independentfutures.com/assets/images/Blog/CIFCommunityPartnershipGuide.pdf>

MORE RESOURCES ON HOUSING

[Building a Future: A Handbook for Families](#) Put together by the Arc of Massachusetts, this is an excellent place to start on creating housing. However, it is easy to underestimate the difficulty of tapping into some of the funding sources identified for property acquisition.

<http://www.mfofc-hc.org/housingconnections/pdf/building-a-future.pdf>

[Opening Doors](#) This collaborative, comprehensive study out of Arizona looks both at what works and what the barriers are to creating appropriate, affordable housing for adults with autism.

http://www.autismcenter.org/sites/default/files/files/openingdoors_print_042610_001.pdf

[Moving Out: A Family Guide to Residential Planning for Adults with Disabilities](#) Moving Out was written by Dafna Krouk-Gordon of TILL, a provider of innovative housing, and special needs lawyer Barbara Jackins.

http://www.woodbinehouse.com/main.asp?product_id=978-1-60613-021-6

[Passport to Independence: Home, Work and Community](#) Passport to Independence was written by Specialized Housing, a provider of innovative housing, by financial planners Cynthia Haddad and John Nadworny, and by lawyer Harry Margolis.

<http://specializedhousing.org/content/buy-our-book/>

Career Education Basic Skills Assessment Technical Assistance Paper (revised October 5, 2010) (pdf) Provides information on 1) the legal basis for basic skills assessment in career education; 2) procedures to be followed throughout the assessment process; 3) counseling of students who do not meet the basic skills exit requirements; 4) exemptions/waivers of basic skills requirements; and 5) accommodations for students with disabilities.

Economic Security Report: Measuring the Economic Success of Florida's Graduates (2016) This report results from a partnership between the State of Florida and College Measures. It focuses on the median first-year earnings of recent graduates and completers from Florida's public postsecondary educational institutions: the State University System of Florida (SUS), the Florida College System (FCS) and District Technical Centers (DTCs).

Set a Postsecondary Education or Training Destination and Map a Course to Get There (pdf) This two-page handout developed by the PACER Center provides an overview of things for parents and students to consider in order to make a plan for a successful transition to postsecondary or training opportunities, including entrance exams, financial aid and engagement with other agencies.

Supporting Accommodation Requests: Guidance on Documentation Practices (pdf) This April 2012 document from the Association on Higher Education and Disability (AHEAD) presents a conceptual framework for using disability documentation to make informed decisions in a postsecondary setting.

Training: A Checklist for Parents (pdf) This two-page checklist developed by the PACER Center can be used by parents to begin a conversation with their child or children about postsecondary education and training.

Training: What Parents Can Do Now (pdf) This brief handout developed by the PACER Center outlines considerations and steps for parents to take to help their youth with disabilities prepare for postsecondary education and training.

This information can be accessed at: <http://project10.info/DPage.php?ID=313>

EVEN MORE RESOURCES

The statewide FL CARD Centers have created an administrator's video that gives useful information on best practices for both general education and special education classrooms.
<https://www.youtube.com/watch?v=hiAsSG7N2SY&feature=youtu.be>

An accompanying Administrator Guide can be downloaded here:
http://card.usf.fmh.usf.edu/docs/resources/trainings/Admin_Guide/CARD_AdminGuide_Booklet.pdf

<http://autismhousingpathways.org/links/#GeneralInformation>
